

LIVE HEALTHILY AND HARMONIOUSLY

As an Independent Living resident, you won't require the same health and personal care services as those in Assisted Living and Memory Care. But you will benefit from Symphony Pointe's aim to ensure you thrive while living in our community.

Thriving means different things to different people, and here, we encourage you to march to the beat of your own drum. If you choose to participate, you'll find wide-ranging choices of activities including opportunities for continuing education, programs that promote healthy living, social activities, meaningful volunteer opportunities and much more. However, we also recognize that you'll arrive at our community with your own individual interests. We'll work to support you as you continue to do what you love, while providing opportunities for you to try something new if you wish. Opportunities provided by Symphony Pointe include:

- Frequent trips to area events and attractions and regular excursions to further destinations.
- Fitness-related offerings both inside and outside the community, including pickleball, water aerobics, instructor-led classes, golf trips and more.
- Chapel services, bible studies, meditation and other spiritually related pursuits.
- Wine tastings, cooking demonstrations and theme dinners.
- On-site entertainment from live performers.
- Opportunities to learn new skills and for continued education.
- Volunteer opportunities in the community-at-large.

Residents of the community will be instrumental in the ultimate offering of social pursuits. We're excited to get to know you, as the interests and wishes of residents of Symphony Pointe will ultimately drive the community's offerings.

Opportunities to benefit from on-site health-related services are available to all residents periodically and at any time by special request.